

IRON VITAMINS B

PREVENTS IRON DEFICIENCY, IRON DEFICIENCY ANAEMIA



COMPOSITION 1 TEASPOON (5 ML) CONTAINS:

Medicinal ingredients	1 to 3 Y.	4 to 8 Y.	9 Y. and older
	Recommended Dietary Allowance and Adequate Intake values		
Iron (Iron pyrophosphate(III)) 3.5mg	100%	105%	131%
Vitamin B1 (Thiamine) 0.35 mg	140%	175%	117%
Vitamin B2 (Riboflavin) 400 mcg	160%	200%	133%
Vitamin B3 (Niacin) 4.50 mg	112%	168%	112%
Vitamin B5 (D-Panthothenic acid) 1.40 mg	140%	140%	105%
Vitamin B6 (Pyridoxin) 550 mcg	220%	275%	165%
Vitamin B8 (Biotin) 4 mcg	100%	100%	60%
Vitamin B9 (Folate) 50 mcg	67%	75%	50%
Vitamin B12 (Cyanocobalamin) 0.5 mcg	111%	125%	83%

Non medicinal ingredients:

Organic agave nectar, purified water, acacia gum, carrot juice, banana flavor, citric acid, sodium benzoate, potassium sorbate.

Indications:

Recommended for children from toddlers to preteens:

- Help form red blood cells and helps their proper function.
- Help prevent iron deficiency (iron deficiency anaemia).
- Help normal growth and development and in tissue formation.
- Help the body metabolize carbohydrates, fats and proteins. A important factor in the maintenance of good health.

Dosage: To be taken orally.

Children 1 to 3 years old: 1 teaspoon twice a day. Children 4 years and older: 1 teaspoon 3 times a day.

Take with food and a few hours before or after taking other medication.

Cautions:

Keep out of reach of children and store in a cool and dry place. Do not use in case of known hypersensitivity to one of the ingredients.

Known side effects:

People sensitive to vitamin B3 (nicotinic acid) may experience flushing that is generally mild and transient.

Unit Size: H 13 cm X W 5 cm X D 5 cm Weight 180 g UPC 6 65808 25001 1

