

# **SLEEPING DISORDERS**& NERVOUSNESS

TEMPORARY SLEEPING DISORDERS
NERVOUSNESS, AGITATION AND RESTLESSNESS



Unit Size: H 10.5 cm X W 5 cm X D 5 cm Weight 210 g UPC 6 65808 11005 6

## **COMPOSITION:**

Medicinal ingredients	Properties of each ingredient
Passiflora 3DH	Nervous system sedative. Insomnia with restlessness and fatigue after mental work.
Chamomilla 7CH	Child is restless, angry, always in motion. The child wants to sleep, but does not fall asleep. Feels better when being carried.
Cina artemisa 5CH	Very restless sleep, night terrors, wakes frightened. Sullen child with bad temper.
Coffea cruda 7CH	Intellectual excitement and euphoria with insomnia. The child wakes up at night and wants to play.
Tarentula hispana 7CH	Sudden alteration of mood. Must constantly busy him or herself, or walk. Ungrateful, discontent.
Zincum val. 7CH	Tremor in the extremities, twitching movements in the feet and legs. Nervous exhaustion. Weak memory.

### Non medicinal ingredients:

Purified water, sorbitol, glycerin, sodium benzoate, potassium sorbate, citric acid.

#### Indications:

KIDZ SLEEP DISORDERS AND NERVOUSNESS syrup is recommended for temporary sleep disorders. It facilitates sleep and reduces frequency of nocturnal wakings. It relieves symptoms of nervousness, agitation and restlessness.

Dosage: To be taken orally.

Sleep disorders:

Newborn to 4 years old: ½ teaspoon at bedtime 5 years and up: 1 teaspoon at bedtime

## Nervousness, agitation and restlessness:

Newborn to 4 years old: ½ teaspoon 3 to 5 times a day 5 years and older: 1 teaspoon 3 to 5 times a day

#### **Caution:**

If insomnia persists for more than two weeks, consult a qualified healthcare practitioner. Insomnia may be a symptom of an underlying medical condition.

## Incompatibility with other medicine:

No known incompatibility with other medicines.

